



Federation of Mountain Clubs of BC

Accessing the backcountry one step at a time



SEPTEMBER 2012 E-NEWS

FMCBC NEWS

FMCBC Advocacy Committee Update

The AC will be meeting again via teleconference on Oct 1st at 7:30pm. At the upcoming meeting the committee will be discussing the Advocacy Toolkit which the FMCBC is developing as a tool for both the FMCBC and our member clubs to help us advocate on regional and provincial issues concerning non-motorized backcountry recreation. We will also be discussing progress on the research being conducted on behalf of the FMCBC by SFU on the health and economic benefits of non-motorized backcountry recreation. If you would like to get involved contact [Jodi](#) and she can send you the details.

FMCBC Member Club Grant Update

Andrew Pape-Salmon posted an update on the [Vancouver Island Spine Trail Association](#) Tuck Lake Trail Building Project which received an FMCBC Member Club Grant this year. [Click here](#) to read his report

IN THE NEWS

[Revelstoke man rescues fellow climbers in deadly Nepal avalanche](#) - The Vancouver Sun, September 25, 2012

[Planning a day in the park? Bring your smartphone](#) - The Vancouver Sun, September 13, 2012

[A Community Driven Model for Sustainable Trail Maintenance](#) - North Shore Mountain Bike Association, September 8, 2012

[Rotted trail not a risk, park says](#) - Times Colonist, September 8, 2012

[Breath-taking west coast trail in need of maintenance](#) - The Vancouver Sun, September 4, 2012

MOUNTAIN MATTERS

[Algorithm](#) - video from Outside Magazine of Jonathan Siegrist making the first ascent

[Ibuprofen Reduces the Severity of Acute Mountain Sickness](#) - Journal Watch Emergency Medicine, June 22, 2012

Check out Sierra Club's fun 'subway style' [map of US national parks](#).

[Litter lasts this long](#) - photo taken by Peter Woodsworth at Craters of the Moon National Monument in Idaho - gives good reason to "pack it out".

UPCOMING EVENTS OF INTEREST

[BC Rivers Day](#) is coming up on **September 30th**. [Click here](#) to view the Outdoor Recreation Council of BC's website to find out what events are happening and how you can participate. [Click here](#) for info on the Skagit River and Ross Lake paddle this weekend.

[The Mountain Runners](#) is premiering at the Vancouver International Film Festival on Saturday, October 6th and tells the true story of America's first mountain adventure race held in 1911 - might be worth checking out.

Into mushrooms? The [Vancouver Mycological Society](#) is holding its [33rd Annual Mushroom Show](#) on Sunday, October 28 from 11am to 4pm at VanDusen Botanical Gardens. You can bring your specimens for identification

[25th Anniversary Tree Planting Party](#) at Tynehead Regional Park in Surrey on Saturday, October 27th

ANNOUNCEMENTS

Cloudburst Articles - please [email us](#) your stories, trip reports, poems etc to be included in our Fall/Winter issue of Cloudburst as soon as possible.

Cloudburst Cover Photo - we are still looking for a winter backcountry recreation photo for our upcoming issue of Cloudburst. [Email us](#) your high resolution photo by October 10th for consideration. If chosen you'll also have the opportunity to write a short story telling other FMCBC members about your adventure.

Trail Markers - we have them for sale for \$1 a piece. [Contact us](#) for more information on how to purchase. Thank you to Christian Veenstra of the UBC Varsity Outdoor Club for organizing the purchase for us.

The FMCBC would like to welcome Layla Ma and Rosalinde Nicholls as our new Co-Directors for the SFU Outdoors Club and Ken Van de Burgt as our new Director for the Friends of Strathcona Park.

Thank you to Michelle Hall from the [SFU Outdoors Club](#) and to Karl Stevenson from the [Friends of Strathcona Park](#) for their past service as FMCBC Directors.

If you have a story or new article about trails, backcountry access or conservation from your region of BC, please [email](#) it to us so we can include it in the next issue of the FMCBC E-News.

[Click here](#) to view the Spring/Summer 2012 issue of Cloudburst.

Visit the [Canadian Avalanche Centre](#) for current conditions and bulletins

Visit Bivouac via the FMCBC [website](#) to report ORV infractions

Visit [Canada Helps](#) to make a donation to the FMCBC

The FMCBC is looking for volunteers. [Click here](#) to find out how you can get involved.

The FMCBC would like to thank [Mountain Equipment Co-op](#) for supporting the FMCBC through their generous contribution of office space from which to base our administration.

The mission of the FMCBC is to advocate for safe, self-propelled activities (such as hiking, mountaineering, backcountry skiing, snowshoeing, trail running and other backcountry activities) and the protection of BC's backcountry for current and future generations to experience.

You are receiving this newsletter because your local outdoor club is a member of the FMCBC or you have signed up to receive this newsletter. Thank you for your support. Please click [Unsubscribe](#) to email us to be taken off our distribution list for the monthly FMCBC E-News.